

# Memory Collective

An online enrichment class  
for adults with memory loss



Offered through Lyngblomsten Community Services, the **Memory Collective** is an online enrichment class for adults experiencing memory loss, particularly mild cognitive impairment or early skill challenges with memory, language, visual perception, or processing. As a participant, you'll join a supportive community with others on a similar journey and, collectively, discover ways to keep living your best life possible.

For eight weeks, you will gather virtually with others for a 90-minute online Zoom session facilitated by Carolyn Klaver, Community Dementia Care Specialist with Lyngblomsten Community Services. Each session will feature a variety of engaging educational topics and group activities that are designed using brain health research. **Please note:** Although this group can become very close, it is *not* a support group.

## 2025 Memory Collective Schedule:

Choose from Tuesdays (10–11:30 AM) or Thursdays (1–2:30 PM). *Class dates in 2025 are:*

*Tuesdays:* February 4–March 25, April 1–May 20, July 1–August 19, & September 30–November 18.

*Thursdays:* February 6–March 27, April 3–May 22, July 3–August 21, & October 2–November 20.

**Fee:** \$175 for eight sessions; this covers any guests who may attend the sessions. A sliding-fee scale is available to those who qualify, based on income.

**Registration:** Registration is required. Participants are encouraged to register early, as each class is limited to eight participants.

**To register or for more information:** Cyndy Rudolph, Outreach & Admin. Coordinator  
(651) 632-5330 | [communityservices@lyngblomsten.org](mailto:communityservices@lyngblomsten.org)  
[www.Lyngblomsten.org/MemoryCollective](http://www.Lyngblomsten.org/MemoryCollective)



Lyngblomsten is a Christian nonprofit that has been providing healthcare, housing, and community-based services for older adults for more than a century. Each year, it serves hundreds of adults through Lyngblomsten Community Services, which is known locally and nationally for its expertise in developing high-quality programming for persons living with memory loss. It is funded in part through donations given to the Lyngblomsten Foundation ([www.Lyngblomsten.org/Foundation](http://www.Lyngblomsten.org/Foundation)).