

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <h1>MARCH 2024</h1> <h2>Lyngblomsten at Lino Lakes</h2>						8:30 AM-10 AM Flowers @ Sophia's 10 AM Book Club (C) 11 AM Gentle Yoga (F) 3 PM Cards: 500 (2AL) 1
1:30 PM Afternoon Movie (T) Raiders of the Lost Ark Action/Thriller 1981 1 ¾ hrs. 3	11 AM Bible Study (C) 12:45PM Walking Group (L) 1 PM Seated Strength (F) 2 PM Water Aerobics (P) 2 PM Rosary (CH) 3 PM Cribbage(2AL) 4:30 PM Happy Hour (Tavern) 4	1 PM Chair Yoga (F) 1:30 PM Yarn Club (S) 3 PM Hand & Foot (2AL) 3:30 PM Mosaic Life Premier Expo Social at Sophia's 5	10AM-12PM Wood Shop open with Volunteer 12:45 PM Walking Group (L) 1 PM Seated Strength (F) 2 PM Water Aerobics (P) 3 PM Yard Games (CH) 6	1 PM Chair Yoga (F) 1 PM Worship (CH) 2:15 Bingo (CH) 6 PM Movie Night: (T) Bruce Almighty Comedy/Fantasy 2003 1 ¾ hrs. 7	8:30 AM-10 AM Flowers @ Sophia's 11 AM Gentle Yoga (F) 1 PM Armchair Travel: Ireland with Rick Steves tour guide (T) 2 PM Chef's Chat (CH) 3 PM Cards: Bridge (2AL) 8	9:45 AM Short Stories (2AL) 10 AM Golf Simulator (G) 12:45 PM Walking Group (Lobby) 1:45 PM Bingo (CH) 2
1:30 PM Afternoon Movie(T) Fried Green Tomatoes Drama/Comedy 1991 2 ¼ hrs. 10 Daylight Saving Time Begins	12:45PM Walking Group (L) 1 PM Seated Strength (F) 2 PM Water Aerobics (P) 2 PM Rosary (CH) 6:30 PM Mosaic Life: The Art of Prayer (C) 11	11 AM Gentle Water Work (P) 1 PM Chair Yoga (F) 1:30 PM Yarn Club (S) 3PM Tony Garry Entertainment (CH) 4:00 Mexican Train(2AL) 12	9AM TARGET 12:45PM Walking Group (L) 1 PM Catholic Service (CH) 1 PM Seated Strength (F) 2 PM Water Aerobics (P) 3 PM 500 (2AL) 5:45 PM Evening Nails (2AL) 13	10 AM-12 PM Continuing Acrylics Class (S) 1 PM Chair Yoga (F) 1 PM Worship (CH) 2 PM Men's Group (G) 2PM Snack and Yak (C) 6 PM Smores Night at Sophia's 14	8:30 AM-10 AM Flowers @ Sophia's 9:45 LIBRARY 11 AM Gentle Yoga (F) 1 PM Jeopardy (S) 2 PM Monthly Birthday Party (Tavern) 3:15 PM Cards: Cribbage (2AL) 15	10 AM Golf Simulator (G) 10:15 AM Bingo (CH) 12:45 PM Walking Group (Lobby) 16
1:30 PM Afternoon Movie(T) Forrest Gump Rom/Drama 1994 2 ½ hrs. St. Patrick's Day 17	11 AM Bible Study (C) 12:45PM Walking Group (L) 1 PM Seated Strength (F) 2 PM Water Aerobics (P) 2 PM Rosary (CH) 3:00 Bridge (2AL) 4:30 PM St. Patricks Happy Hour (Tavern) 18	1 PM Chair Yoga (F) 1:30 PM Yarn Club (C) 2 PM Science with Jane: Animal Evolution (S) 3:15 PM Mexican Train (2AL) 19 Spring Begins	10:30 AM Memory Loss Caregiver Support Group (S) 12:45 PM Walking Group (L) 1 PM Seated Strength (F) 2 PM Water Aerobics (P) 3 PM Yard Games (CH) 20	10 AM-12 PM Continuing Acrylics Class (S) 1 PM Worship (CH) 1 PM Chair Yoga (F) 2:15 Bingo (CH) 6 PM Movie Night (T) Eight Below Action/Thriller 2006 2 hrs. 21	8:30 AM-10 AM Flowers @ Sophia's 11 AM Gentle Yoga (F) 2 PM Easter Gift Shop Social at Sophia's 3 PM Cards: Hand and Foot (2AL) 22	9:45 AM Short Stories (2AL) 10 AM Golf Simulator (G) 12:45 PM Walking Group (Lobby) 1:45 PM Bingo (CH) 23
1:30 PM Afternoon Movie(T) Mama Mia! Musical 2008 1 ¾ hrs. Palm Sunday 24	9 AM WALMART 11 AM Bible Study (C) 12:45PM Walking Group (L) 1 PM Seated Strength (F) 2 PM Water Aerobics (P) 2 PM Rosary (CH) 3 PM Resident Meeting (CH) 25	11 AM Gentle Water Work (P) 1 PM Chair Yoga (F) 1:00 PM North Suburban Chorus (CH) 1:30 PM Yarn Club (S) 2 PM Wine Tasting (Tavern) 3 PM Mexican Train (2AL) 26	9 AM RUSTY COW 12:45PM Walking Group (L) 1 PM Catholic Service (CH) 1 PM Seated Strength (F) 2 PM Water Aerobics (P) 3 PM Yard Games (CH) 5:45 PM Evening Nails (2AL) 27	10 AM-12 PM Continuing Acrylics Class (S) 1:00 Easter Worship (CH) 1 PM Chair Yoga (F) 2:30 PM Eggtravenganza Scavenger Hunt at Sophia's 28	8:30 AM-10 AM Flowers @ Sophia's 10 AM Book Club (C) 11 AM Gentle Yoga (F) 12:30 PM Movie:(T) The Passion of Christ Drama 2004 2 ¼ hrs 3 PM Cards: 500 (2AL) 29	9:45 AM Short Stories (2AL) 10 AM Golf Simulator (G) 12:45 PM Walking Group (Lobby) 1:45 PM Bingo (CH) 30
1:30 PM Afternoon Movie (T) Ben Hur Drama/Adventure 1959 3 ½ hrs. *There is an 10 minute intermission 31 Easter Sunday	 <div> (CH) Chapel/Multipurpose Room (S) Studio (2AL) 2nd Floor Assisted Living Dining Area (T) Theater (C) Community Room </div> <div> (F) Fitness Room (P) Pool (G) Game Room (L) Lobby (WS) Workshop </div>					

Red Require Registration. Bold are Special Events. Schedule Subject to Change. Any questions call Kaitlyn Olson (651) 515-1730