

Caring for Others? We're Here to Help.

# **CAREGIVER SERVICES**



Are you or someone you know helping an older adult who is vour spouse, partner, family member, friend, or neighbor and you're looking to connect for support?

Specializing in memory loss caregiver support

Give us a call. We'll help you navigate the journey.

## Care for yourself as you care for others.

Lyngblomsten Community Service's Caregiver Services team is here to help you on your caregiving journey. Our staff are providing individualized support and resources to caregivers in person, over the phone, via email, and online via Zoom.

#### **Connect with us for:**

- Education and **Access to Resources**
- Memory Loss Caregiver **Support Groups**

#### The Gathering

In-person group respite program for people living with memory loss

### Don't know what you need?

Connect with us. Our trained staff are here to listen and will help you take the next step on your journey.



For more information:

#### Lyngblomsten Community Services

(651) 632-5320 | caregiving@lyngblomsten.org | www.lyngblomsten.org/caregiving

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Lyngblomsten is a Christian nonprofit organization that has been providing healthcare, housing, and community-based services for older adults since 1906. Partnered in ministry with more than two dozen congregations in the Twin Cities, Lyngblomsten offers a variety of services to caregivers in the community through its Lyngblomsten Community Services.