

DEEPLY
rooted



CORPORATE ANNUAL SUMMARY

For the year ended December 31, 2018

Deeply Rooted

Therefore, as you received Christ Jesus the Lord, so walk in him, rooted and built up in him and established in the faith, just as you were taught, abounding in thankfulness.

– COLOSSIANS 2:6-7

Dear Friends of Lyngblomsten:

Innovation has grown deep roots during the 113 years since our founding women decided to build a home for the indigent Norwegian immigrants in their community. Through the years, innovation and a curiosity about “what’s next?,” together with building and renovating, have paved the way for a modern-day Lyngblomsten that is serving more older adults than at any time before. Our founders created their vision based on an obvious need in their community and a love of neighbor. Similarly today, we have opportunities to grow our ministry in our community.

In 2018 we expanded and improved our services to older adults in key areas, affirming our commitment to the important vocation to which we are called. We approved and launched a \$9 million renovation of the care center—work that improves safety and dignity for our residents and creates family and community spaces. We launched the Our Turn in History capital campaign to offset these renovation costs, allowing us to continue to focus our resources on enhancing resident quality of life and retaining high caliber staff. We further developed eMenuCHOICE®, our dietary software application that empowers residents with choices surrounding their meals. Senior living campuses across the United States and Canada are buying and using our product, expanding our ministry’s influence. 2nd Half with Lyngblomsten life enrichment centers expanded caregiver respite services to include a new model of in-home respite that serves caregivers and individuals living with memory loss. Additionally, we began transitioning our care ministry church resource to a web-based network model. Both these changes further our reach locally at a time when the need for aging services is growing quickly.

A look to the future reveals a bold vision to reach even more older adults and engage more volunteers in our ministry. A proposed second campus in the northeast metro gives us a place to launch our innovative services and our passion for caring for older adults, just like we’ve successfully done at our Como Park campus for decades. We are diligently searching for a site that will support our residents well and engage the local community in activities, service, and outreach programs.

Innovation, renovations, and expansion only happen with your tremendous support. The roots of Lyngblomsten’s mission are stronger and deeper today, and we are abounding in thankfulness for you.

In Christ,



Jeffrey Heinecke
President & CEO



Trupti Storlie
Board Chair



Highlights from 2018

Residential Services

- The first phase of Lyngblomsten Care Center's \$9 million, three-year renovation began in the summer. There are 13 phases to the project, bringing improvements to resident rooms, neighborhood kitchens, dining and living areas, as well as the main lobby and exterior.
- Lyngblomsten Culinary and Nutritional Services achieved a 14 percent higher food enjoyment score over the previous year (2017) on the care center's Resident Quality of Life Survey results from the State of Minnesota.
- Lyngblomsten Care Center maintained its five-star quality rating (highest possible) from the Centers for Medicare and Medicaid Services.
- The Heritage at Lyngblomsten instituted a new wellness fee that covers services such as weekly wellness checks, medical records maintenance, laundry service, housekeeping, and more.
- New furniture was placed and a fireplace was installed in the Lyngblomsten Apartments lobby, marking the completion of a series of substantial building improvements over the past several years.
- Tenants of the Lyngblomsten Apartments and The Heritage at Lyngblomsten collaborated with volunteers on a community art piece called "Honoring the Brave" that now hangs in the Newman-Benson Chapel at Lyngblomsten and serves as a memorial to veterans.

Community Engagement

- Approximately 1,600 people gave their time and/or treasure to support the mission of Lyngblomsten. See page 5 for details.
- The Lyngblomsten Foundation began the Our Turn in History Capital Campaign, which seeks to raise \$2 million for the Lyngblomsten Care Center renovation.
- The Age Boldly with Lyngblomsten initiative launched with community presentations that share the inspiring story of 2nd Half with Lyngblomsten. An associated fundraising luncheon was held in November.
- The Lyngblomsten Foundation awarded the Anna Quale Fergstad Award for Distinguished Service to Jim Nash, a generous donor and dedicated volunteer with more than 7,100 hours of service since 2001.
- Volunteer Services began working more closely with 2nd Half with Lyngblomsten, strategizing on recruiting and managing volunteers, specifically for caregiver services.

Community Services

- 2nd Half with Lyngblomsten launched a pilot program for providing in-home respite services for older adults living with memory loss and their caregivers. As part of the program, volunteers are trained how to spend time in the homes of older adults as respite companions. The pilot was funded through a Live Well at Home grant from the Minnesota Department of Human Services.
- Lyngblomsten received grant funding from the Lutheran Services for the Elderly Endowment through the ELCA Foundation to develop an online training platform for congregational volunteers. Called the Care Ministry Network, the new model will launch in 2019, replacing the former Care Team Ministry program.
- 2nd Half with Lyngblomsten added the ability to register online for its offerings, which continued to expand and evolve throughout the service model's second year of operation.

Other

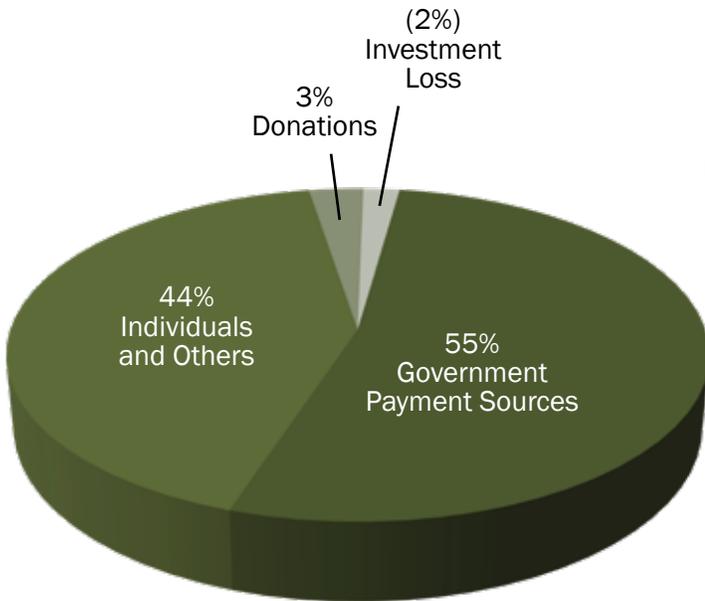
- Lyngblomsten's Author Your Life began building internal support among employees in preparation for a broader launch in 2019. Author Your Life is Lyngblomsten's philosophy on living well and encourages everyone to live his or her best life possible at every age.
- Lyngblomsten's eMenuCHOICE® expanded its client base from 42 to 79 sites located in 11 states and continued rolling out new features, including a time-saving integration with PointClickCare, the largest health information system provider in the senior living market.
- For the first time, Lyngblomsten offered "Training to Serve," a program educating employees on LGBT topics and how to improve the quality of life for LGBT people as they age.
- Thanks to funding from the Lyngblomsten Auxiliary Legacy Fund, an art gallery was installed in the care center for displaying art pieces, poetry, and other creative works from care center residents. More art galleries are expected to be installed on campus in 2019.
- Lyngblomsten served and engaged more than 450 residents, tenants, and community participants in lifelong learning and the arts through more than 65 classes and workshops. Four community organizations included Lyngblomsten as a grant partner in seeking funding for art, music, and theatre programming.

Lyngblomsten Corporate

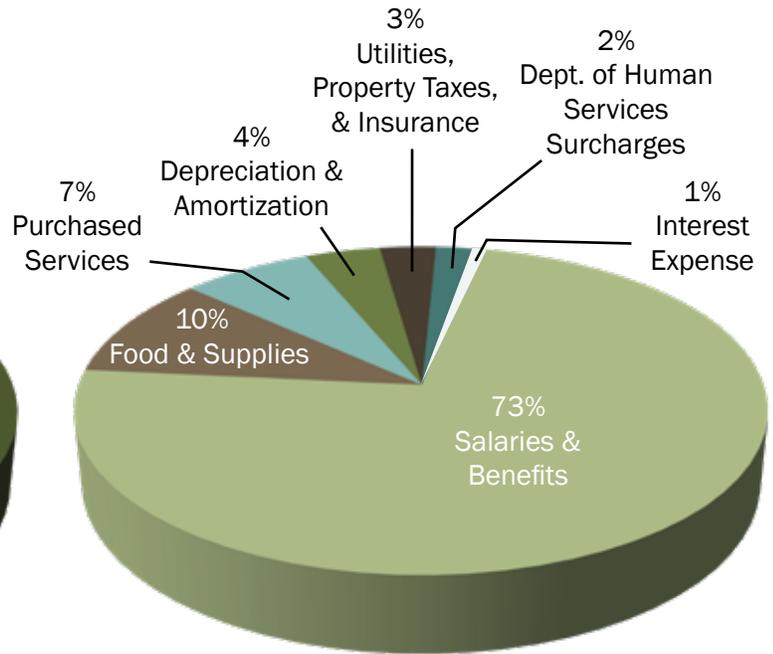
Financials

January–December 2018

Revenues



Expenses



People Served

January–December 2018

Community Services (2nd Half with Lyngblomsten)	1,160 persons
Home Health Services	143 persons
Lyngblomsten Care Center	692 persons
Lyngblomsten Apartments.....	149 persons
The Heritage at Lyngblomsten	73 persons
eMenuCHOICE®	26,620 persons

Lyngblomsten Board of Directors | 2018–2019

Trupti Storlie – Chair

Pam Dragseth – Vice Chair

Jane Danielson – Secretary

Jim Stender – Treasurer

David Christianson

Kim Donat

Rev. Martin Ericson

Jeffrey Heinecke

Rev. Joy Johnson

Pete Keely

Charles Norton

John Peck

Elaine Prickel

Community Engagement

Fundraising Statistics

January–December 2018

Total Gifts Received	\$586,335
Total # of Donors	727
Total # of Gifts.....	1,357
Total # of New Donors	296

Memberships

Heritage Society: Lifetime membership granted to donors who include Lyngblomsten in their will or estate plan

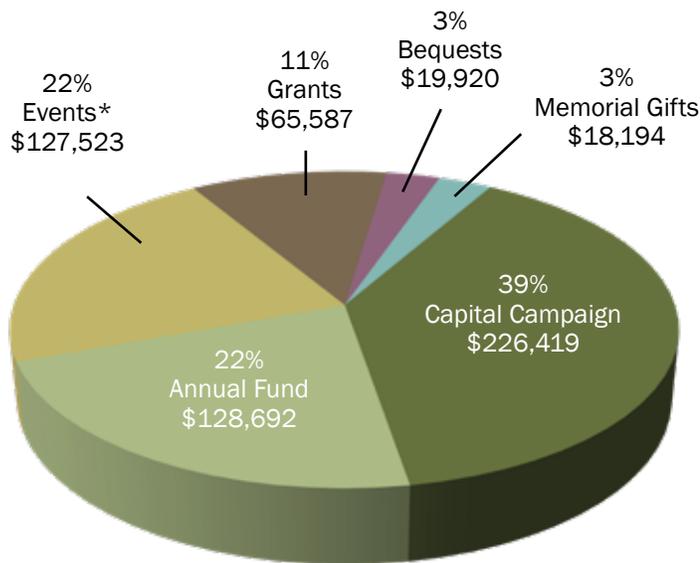
of Members..... 51

President’s Club: Annual membership granted to donors giving \$1,000 or more during the fundraising year

of Members..... 56

Sources of Donations

January–December 2018



*Includes Spring Gala, Mid-Summer Festival, Age Boldly with Lyngblomsten luncheon, and holiday gift wrapping

Volunteer & Corporate Engagement Statistics

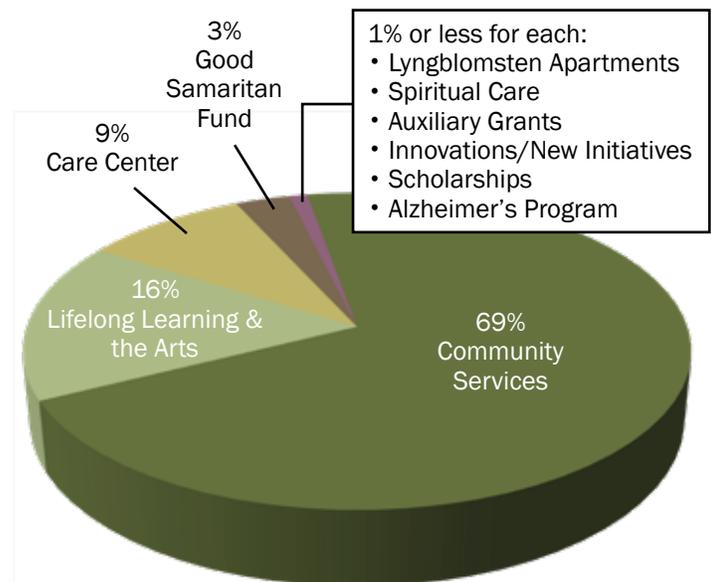
January–December 2018

Total # of Registered Volunteers.....	1,040
(includes 653 active volunteers and 387 one-time volunteers)	
Total # of Hours Volunteered	33,651
# of Corporate Volunteer Hours	792
# of Corporate Volunteer Groups.....	33
# of Sponsors	23
# of \$1,000 Youth Volunteer Scholarships Awarded.....	2

Lyngblomsten Foundation Distribution to Lyngblomsten Programs

January–December 2018

Total Dollars Distributed.....	\$765,742
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Lyngblomsten Foundation Board of Directors | 2018–2019

Todd Readinger – Chair

Deb George – Vice Chair

**Mike Santoro –
Secretary/Treasurer**

Pam Dragseth

Adam Gillette

Jeffrey Heinecke

Bradley Jacobson

Juliane Kvalbein

Andrew Marden

Patricia Montgomery

John Piché

Peter Polga

Trupti Storlie

William (Bill) Sullivan III

Lyngblomsten's Corporate Congregations

The year indicates when the church became a corporate (member) congregation.

Amazing Grace Lutheran
Inver Grove Heights, 2007

Augustana Lutheran
West St. Paul, 2002

Bethlehem Lutheran in the Midway
St. Paul, 1962

Cathedral of Saint Paul
St. Paul, 1996

Centennial United Methodist
Roseville, 2000

Christ Lutheran on Capitol Hill
St. Paul, 1961

Community of Grace Lutheran
White Bear Lake, 1998

Como Park Lutheran
St. Paul, 1960

Falcon Heights United Church of Christ
Falcon Heights, 1999

Gloria Dei Lutheran
St. Paul, 1985

Gustavus Adolphus Lutheran
St. Paul, 1988

Holy Childhood Catholic
St. Paul, 1991

Hope Lutheran
St. Paul, 1962

Immanuel Lutheran
St. Paul, 1960

Incarnation Lutheran
Shoreview, 1990

Jehovah Lutheran
St. Paul, 1995

Lakeview Lutheran
St. Paul, 1960

Lutheran Church of the Redeemer
St. Paul, 1998

North Heights Lutheran
Roseville/Arden Hills, 1975

Prince of Peace Lutheran
Roseville, 1961

Redeemer Lutheran
White Bear Lake, 1960

Roseville Lutheran
Roseville, 1975

St. Andrew's Lutheran
Mahtomedi, 1991

St. Anthony Park Lutheran
St. Paul, 1960

St. Mark Lutheran
St. Paul, 1962

St. Timothy Lutheran
St. Paul, 1961

Salem Lutheran
West St. Paul, 1965

Our Mission

Influenced by Christ, Lyngblomsten provides a ministry of compassionate care and innovative services to older adults in order to preserve and enhance their quality of life.

Our Guiding Principles

For our **participants**, Lyngblomsten promotes dignity through informed choices for living options, respecting individuality, and orchestrating the best life possible.

For our participants' **families**, Lyngblomsten supports their needs through careful listening, traveling alongside them as they walk the journey with their loved ones.

For our **employees**, Lyngblomsten strives to foster an environment that encourages compassionate caregiving, innovative thinking, problem-solving, and opportunity seeking.

Through our **community** of donors, volunteers, corporate congregations, and socially responsible corporations, Lyngblomsten encourages the individual to live one's personal ministry by enhancing the lives of older adults.

Our Pillars

- Influenced by Christ
- Innovation & Leadership
- Resources & Support
- Person-Centered & Dignity-Enhancing Experiences
- Engaged Lifestyle (Author Your Life)



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On the cover: *Rooted* – watercolor illustration by Sue Ng