



# Lyngblomsten Lifestyle

Summer 2022



## *Difference Makers Edition*

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Lino Lakes townhomes set to open this fall  
Wellness classes on the docket for 2nd Half with Lyngblomsten  
Online info sessions scheduled for volunteering with The Gathering

# Directory

MAIN NUMBER: (651) 646-2941  
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## RESIDENTIAL SERVICES Lyngblomsten Care Center



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## VOLUNTEER SERVICES

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# Letter from the Editor

Dear Readers,

We are on the cusp of a new era! For 11 decades, Lyngblomsten has served from one place—our campus in the Como Park neighborhood of Saint Paul. In under a year, there'll be a second campus for Lyngblomsten, located about 10 miles away in Lino Lakes.

Certainly, in over 110 years of service, there has been much change. What remains steadfast is the support from our community of volunteers and donors undergirding our mission. And it is that community of supporters—**our difference makers**—we celebrate in this issue of *Lyngblomsten Lifestyle*.

I hope you enjoy this special Difference Makers edition. May it bring you joy to see the kindness and generosity of so many, and may it inspire you to get involved if you aren't already.

Don't just live; leave a legacy!

Patricia A. Montgomery | Editor

Vice President of Communications & Stewardship



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**On the Cover:** Volunteer Hank Hanten takes care center resident Sonya Quam for a ride at nearby Como Park in a wheelchair bike that was gifted to Lyngblomsten.

# One Stroll at a Time

By Patricia Montgomery

◀ Hank Hanten



**“W**hen you find something incredible, you want to support it.” That’s what Henry “Hank” Hanten has experienced for as long as he’s been a part of the Lyngblomsten family.

Six years ago, per the recommendation of a hospital social worker, Hank’s sister, Jane Hanten, came to Lyngblomsten Care Center. “Within days, I noticed the difference in the quality of care,” Hank said.

Hank’s experiences qualify him to recognize differences. You see, he served as caregiver for his big sister Jane since she was about 20 years old, and she had been in and out of facilities over a number of years.

“Lyngblomsten is a very spiritual place,” Hank noted. “It’s unique. Everybody is welcome here.”

Jane was a devout Catholic. The visits from her priest and the care from Lyngblomsten’s chaplains were important to her.

“Jane lived a challenging life. Lyngblomsten made a difference. Some of the best years of her life were lived at Lyngblomsten,” Hank reflected. “Jane was so appreciative of the staff,” he continued. “She would say ‘God bless’ to staff.”

Jane died in May 2021 at age 68, leaving a big hole in Hank’s life. His routine had been to visit Jane two or three times a week. Most every time, and no matter the season, Hank would take Jane outside for a walk—she in her wheelchair and he pushing from behind.

That big hole in Hank’s life and his regard for Lyngblomsten led him to begin volunteering this past October. And what role did he take on? Transporting, of course—taking residents for “walks” outdoors. Hank’s first stroll as a volunteer was for a resident in Room 215—the very room which had been Jane’s! Since then, Hank has accompanied many residents on outdoor strolls and also transports for bingo and special programs in the chapel. This spring, thanks to the generosity of donors Marilyn and Ron Mitsch, Lyngblomsten was gifted a wheelchair bike [shown on the front cover]. In addition to taking residents on walks, he now takes them for bike rides too.

Hank’s support for Lyngblomsten, though, didn’t start with volunteering. A few years ago, he became a sponsor for the Lyngblomsten Foundation. Retired from incentive and meeting travel planning, Hank founded Shanghai Henri’s—a food establishment offering international-inspired cuisine at the Minnesota State Fairgrounds. “Sponsorships are easy to do,” he said, reflecting on the decision to provide a sponsorship through Shanghai Henri’s. Hank has also given philanthropic support through the annual Lights of Lyngblomsten appeal.

Hank is making a difference through Lyngblomsten in multiple ways. And he recommends others do as well. “Giving back is the most important thing in life to do,” he said. “It’s incredibly rewarding,” he added.

“Volunteering has been the highlight of my life,” Hank said. He’s volunteered for Children’s

*Continued on page 4*



Winter weather didn't deter Hank from taking residents for a walk around the Lyngblomsten campus.

Hospital golf tournament since age 28 and has been a Big Brother for 15 years.

Hank summed up his volunteering role at Lyngblomsten with this: "I push residents outdoors for an hour. It's the best ROI in the world!"

"When a resident looks you in the eye and honestly and sincerely says, 'Thank you! I enjoyed that so much!'—that's the reward," Hank explained. "I used to be a Santa. It's been a long time since someone's looked me in the eyes and really believed in me."

It all began with Hank bringing Jane to Lyngblomsten. But now it's Jane who has, in essence, brought Hank to Lyngblomsten to become a difference maker for other older adults. **L**

## Celebrating Our Difference Makers!

July 2022

Dear Friends of Lyngblomsten,

If Lyngblomsten's mission is our heart and soul, then donors and volunteers are our hands and feet.

The following lists of Difference Makers reflect contributions given in 2021. The number of hours and the size of gifts varies greatly. Each contribution is needed and truly makes a difference.

Names printed on a page seems so passive. In reality, these are people who leap into action when and where help is needed—be it through volunteering their time or through giving a financial gift.

Simply stated, Lyngblomsten would not be the fine organization it is without those who give so generously of their time, talent, and treasure. I am humbled by what people are willing to do to support the mission of Lyngblomsten. We are very blessed by our community of supporters and are dependent on your faithfulness. Thank you for supporting our mission and making a difference for the older adults we serve!

In Christ, and with deep gratefulness,



*Jeff Heinecke*

Jeff Heinecke  
President & CEO

# Individuals & Organizations supporting in 2021



Thank you to the hundreds of individuals and organizations who gave financial gifts to the Lyngblomsten Foundation last year. Note that new giving levels for donor recognition were defined in 2021, and the recognition period was changed from the fundraising year (October–September) to the calendar year (January–December).

## Individual Philanthropic Support

Persons who provided financial gifts to the Lyngblomsten Foundation between January 1 and December 31, 2021.

† = Donor made a gift during the qualifying period and passed away between then and the time of Difference Makers being published.

### Visionaries Circle (\$10,000+)

Mary and Gus Blanchard  
Elizabeth and Peter Ekholm  
Ronald and Marilyn Mitsch  
Michael and Shirley Santoro  
Carol Sorenson

### Leadership Circle (\$5,000–\$9,999)

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## Individual Philanthropic Support, Continued

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## Congregational Philanthropic Support

*Congregations that provided donations to the Lyngblomsten Foundation between January 1 and December 31, 2021.*



*Members of St. Anthony Park Lutheran in St. Paul gather in the care center lobby, which was dedicated in their church's honor for their substantial donations to the Lyngblomsten Foundation.*

### \$5,000+

St. Anthony Park Lutheran Church

### \$2,500–\$4,999

Augustana Lutheran Church  
Como Park Lutheran Church  
Catholic Community of St. Odilia

### \$1,000–\$2,499

Bethlehem Lutheran Church  
Community of Grace Lutheran Church  
Prince of Peace Lutheran Church  
St. Timothy Lutheran Church

### \$1 to \$999

Amazing Grace Lutheran Church  
Centennial United Methodist Church  
Christ on Capitol Hill Gustavus Adolphus Lutheran Church  
Lakeview Lutheran Church  
Lutheran Church of the Redeemer  
Salem Lutheran Church  
St. John in the Wilderness Episcopal Church



## President's Club

Supporters who gave \$1,000 or more from September 1, 2020,\* to December 31, 2021.

*\*Due to the timing of the 2021 President's Dinner and transitioning the donor recognition qualification period from October–September to January–December, the 2021 President's Club spans 15 months.*

James Agre	Fred and Barb Gaiser	Francie Millett	Michael and Shirley Santoro
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	Paul and Barbara Mikelson		

## Fergstad Award Recipient

*Given periodically, the Fergstad Award recognizes outstanding individuals who have made a substantial impact on Lyngblomsten through giving generously of both their time and treasure.*

In 2021, the Anna Quale Fergstad Award for Distinguished Service was presented to Sherwin Singaas, a longtime Lyngblomsten supporter. With a background in finance, Sherwin has served on the Lyngblomsten Board (including as Treasurer and Chair of the Finance Committee), the Foundation Board, and the Investment Committee (serving as its first Chair). In addition, he and his wife, Carolyn, have been faithful financial supporters of the Lyngblomsten Foundation.



Jeff Heinecke (L) and Sherwin Singaas

## Organizational & Corporate Philanthropic Support

*Companies and organizations that provided financial support to the Lyngblomsten Foundation between January 1 and December 31, 2021.*

### \$10,000+

Fred C. and Katherine B. Andersen Foundation  
Anonymous Mitsch Family Giving Account at Schwab Charitable  
Weis Builders

### \$5,000–\$9,999

James Nash Fund of Fidelity Charitable  
The Weibel Charitable Fund of the Saint Paul & Minnesota Foundation

### \$2,500–\$4,999

Allina Health Systems  
Bremer Bank  
Connelly Family Charitable Fund of American Endowment Fund  
Louise Feske Donor Advised Fund of the American Center for Philanthropy  
Hoagland Law  
Hubbard Broadcasting Foundation  
Knudson Family Charitable Fund of Fidelity Charitable  
Jean H. Milton Donor Advised Fund of American Center for Philanthropy  
Shanghai Henri's  
SourceGroup  
Tito's Handmade Vodka

### \$1,000–\$2,499

Advanced Capital Group  
Assured Partners  
Steven C. and Kelley E. Bergeson Giving Fund of Fidelity  
LaVerne A. Dehlin & Jane Adams Dehlin Fund of Thrivent Charitable Impact & Investing  
Delta Dental of Minnesota  
Grand Real Estate Advisors

HPC/Premier  
J Berd Companies  
Harold and Grace Kurtz Fund of Vanguard Charitable  
LeadingAge Minnesota Solutions  
Nasseff Mechanical  
Northland Securities  
Jim & Mary Ann Stender Family Charitable Fund of the American Endowment Foundation  
Storlie Family Fund at Fidelity Charitable  
Thrivent Choice, Thrivent Financial for Lutherans  
Total Network, Inc.  
Wold Architects and Engineers

### \$1–\$999

AARP Foundation  
Alloy Welding  
AmazonSmile Foundation  
Kristen Bentley Donor Advised Fund at Schwab Charitable  
Custom Medical Solutions  
Brian and Grace Doolittle Fund of Schwab Charitable  
James & Krystal Estes Charitable Fund at Schwab Charitable  
Fladeboe Auctions  
Gallagher Benefit Services, Inc.  
C. Leigh & Warren Gerber Charitable Fund of T. Rowe Price  
GiveMN  
Mary L. Hammerly Fund of The Saint Paul Foundation  
The Haselrud Family Charitable Fund of Fidelity Charitable  
Mary E. Heinen & Andrew C. Jones Charitable Fund of Fidelity Charitable  
Rosemary Johnson Fund of Thrivent Charitable Impact & Investment



*Assisting with activities at The Gathering*



*Serving root beer floats*

Lee & Susan Johnson Stewardship Fund of T. Rowe Price  
Kiekhoefer Family Charitable Fund of Fidelity Charitable  
Harold and Grace Kurtz Fund of Fidelity Charitable  
John & Jeanne LeFevre Giving Fund of Fidelity Charitable  
Tom & Louise Lentz Family Fund of Fidelity Charitable

Liberty Diversified International  
Lyngblomsten Resident Council  
Melaleuca  
Metro Deaf School  
Northwest Respiratory Services  
PointClickCare Technologies, Inc.  
St. Paul Linoleum & Carpet  
Sysco Corporation

## Heritage Society

Persons who have chosen to help ensure the future capacity of Lyngblomsten by providing financial support through a charitable gift annuity, including Lyngblomsten in their will/estate plans, or establishing an endowment fund of \$10,000 or more.

Karina Allen  
Carol E. Baker  
Rev. Kelley and  
Dr. Steven Bergeson  
Mary H. and John  
"Gus" A. Blanchard  
Mary Dennis  
Elizabeth W. and  
Peter S. Ekholm

Marilyn Foss and  
Thomas Sherwood  
Debra George  
Margit Hauge  
June Husom  
Brad and Pam Jacobson  
Sharon Johnson  
Henry Kaldahl  
Harold and Grace Kurtz

Juliane Kvalbein  
Paul and Barbara Mikelson  
Jean Husby Milton  
David and Tami Nesheim  
Jonathan Nye  
Joyce and Louis Oberdeck  
Sherwin and Carolyn  
Singsaas  
Lila Storaasli

Anonymous  
Lucille Teel  
Lydia Volz  
Mark Wendt  
Luella and Donald Zibell

### Inaccuracies?

Accurate lists for recognition are important. We sincerely apologize if we have incorrectly listed or omitted your name in any recognition category. Note that the lists published in this edition are celebrating contributions from last year. If an error has occurred, please let us know by contacting:

**Donors:** Tim Overweg, (651) 632-5319, [toverweg@lyngblomsten.org](mailto:toverweg@lyngblomsten.org)

**Volunteers:** Shelli Beck, (651) 414-5297, [sbeck@lyngblomsten.org](mailto:sbeck@lyngblomsten.org)

**Board, Committees, & Delegates:** Gayle Anderson, (651) 632-5321, [ganderson@lyngblomsten.org](mailto:ganderson@lyngblomsten.org)

## Upcoming Opportunities

### Wellness Education

Connect with others and gain tools that can help you take control of your health and manage it in a way that works best for your life.

#### Upcoming Classes for Fall 2022 (all held weekly):

- A Matter of Balance (Sept. 12–Oct. 31)
- Powerful Tools for Caregivers (Sept. 20–Oct. 25)
- Living Well with Chronic Conditions (Sept. 28–Nov. 2)

Visit [lyngblomsten.org/WellnessEducation](https://lyngblomsten.org/WellnessEducation) for more information and to register.

## 2<sup>nd</sup> Half with Lyngblomsten

### Memory Collective

The Memory Collective is an online enrichment class for adults experiencing memory loss, in particular mild cognitive impairment or early skill challenges with memory, language, visual perception, or processing.

- Eight weekly sessions (seven online via Zoom and one in-person)
- Class includes educational topics and activities, as well as time to share life experiences

#### Next class starts September 27.

Contact Carolyn Klaver at (651) 414-5292 or [cklaver@lyngblomsten.org](mailto:cklaver@lyngblomsten.org) to register or for more information.

## Individual Volunteer Support (Hours Served)

Registered volunteers who served 25 hours or more with Lyngblomsten between January 1 and December 31, 2021. Volunteers are grouped by the primary area where they served in 2021. Next to each volunteer's name is listed his/her cumulative hours milestone level.

### Anna's (café & gift shop)

Helping customers at Anna's, which includes serving food, scooping ice cream, cashiering, and assisting in the gift shop.

Emily Beck (500)	Abby Sue Fisher (25)	Kaye Olson (250)	Dorothy Tostengard (500)
Thom Campbell (1,000)	Jay Frazier (500)	Janet Quarn (150)	Patricia Veach (50)
Kay Draine (500)	Jean Milton (2,000)	Ruth Steinwall (2,000)	

### Behind the Scenes

Helping with non-resident projects, such as office assistance and monitoring campus parking lots during the Minnesota State Fair.

Robert Fischer (1,500)	Kathleen Hoffman (200)	Joan Philips (25)	Eileen Sather (400)
Gerald Hoffman (550)	Colleen Oftedahl (150)	Dick Sarafolean (3,000)	

### Resident Mobility

Helping residents get to on-campus appointments, such as for the beauty shop, physical therapy, and worship services.

Susan Adix (1,000)	Jeffrey Cruickshank (25)	Beverly Mertz (500)	Mike Rowe (150)
Carol Baker (2,500)	Angela Elledge (300)	Elaine Ogren (9,500)	Dolores Rufenacht (50)
Audrey Clasemann (500)	Sandra Elledge (300)	Robin Priefer (25)	Carolyn Wilberg (50)
Wayne Craig (3,500)			

### Social Activities

Helping residents, tenants, and community participants stay connected and engaged through a variety of activities, including one-on-one visits, games, art projects, music events, and more. Asterisk (\*) indicates volunteer served with The Gathering group respite program.

Leah Abdella (100)	Jean Crow* (25)	Rex Kiekhoefer* (650)	Karen Reece (50)
Leslie Amundson (500)	Caroline Dabe (400)	Lynn Koehler* (25)	Kim Rosenwinkel* (25)
Terrie Arfi (50)	Teri DeMore (50)	Joseph Lachowitz (25)	Patricia Rund* (450)
Shannon Baker (500)	Bree Doepner (100)	David Leitzke (200)	Mary Kay Schneider (300)
Jayne Bell (25)	Jeanne Driscoll (700)	Jeanette LeMere* (150)	Linda Springer* (200)
Kristen Bentley (500)	Susan Elsenpeter* (100)	Aicha Lewis-Mead (25)	Sue Swain* (250)
Wayne Bjorlie* (250)	Brianna Farrell* (50)	Byron Lind* (200)	Faith Tisell (300)
June Borowski (650)	Joan Felice* (100)	Christine Loweth (450)	Susan Tomlinson (1,000)
David Brostrom (50)	David Gjerdrum (50)	Chris Mayr (200)	Phyllis Vacha* (250)
Olga Buccek (100)	Genan Gurung (50)	Toni Merth (350)	Michael Wallace* (350)
Kari Burd (250)	Laura Hamrick (3,000)	Irmeli Moran* (500)	Christine Witzany (750)
Beverly Bybee* (250)	Eleanor Hanson (25)	Judi Mueller (1,000)	Timothy Youngren (1,000)
Linda Caillier* (200)	Louise Hanson (200)	Jonathan Nye (1,000)	
Judith Caldwell* (100)	Hank Hanten (25)	Lynn Nysse (25)	
Ariana Calzadillas (25)	Nancy Higgins (200)	Todd Offermann (250)	
Lindsay Calzadillas (25)	Tawana Holtz (4,000)	Jill Ostlund* (100)	
Jim Campbell (1,500)	David Husby* (25)	Jane Phillips (1,500)	
Elias Caranicas (100)	Terry Irish* (100)	Charleen Prill* (200)	
Tom Ciaccio* (25)	Lisa James* (100)	Ronald Prill* (200)	
Jo Anne Collins* (250)	Molly Jansen (200)	Barbara Qualey* (1,500)	
Leslie Connelly (350)	Susan Johnson* (350)	Susan Rausch (75)	

## Individual Volunteer Support (Years Served)

Registered volunteers who served three or more years by December 31, 2021.



Cashiering at Anna's



Hosting outdoor pet visits

**57 Years**  
(longest serving volunteer)  
Elaine Ogren

**21-30 Years**  
Carol Baker  
Robert Fischer  
Jonathan Nye

**16-20 Years**  
Leslie Amundson  
Teri DeMore  
Kay Draine  
Jean Milton

**11-15 Years**  
Susan Adix  
Emily Beck  
Kristen Bentley  
June Borowski  
Jim Campbell  
Wayne Craig  
Jeanne Driscoll

Sandra Elledge  
Angela Elledge  
Laura Hamrick  
Tawana Holtz  
Judi Mueller  
Kob Nordli  
Dick Sarafolean  
Dorothy Tostengard

**6-10 Years**  
Terrie Arfi  
Shannon Baker  
Wayne Bjorlie  
Beverly Bybee  
Thom Campbell  
Jo Anne Collins  
Leslie Connelly  
Bree Doepner  
Louise Hanson  
Gerald Hoffman  
Susan Johnson  
Rex Kiekhoefer  
Byron Lind

Christine Loweth  
Toni Merth  
Beverly Mertz  
Todd Offermann  
Jane Phillips  
Barbara Qualey  
Susan Rausch  
Dolores Rufenacht  
Patricia Rund  
Mary Kay Schneider  
Ruth Steinwall  
Sue Swain  
Susan Tomlinson

### 3-5 Years

Leah Abdella  
David Brostrom  
Olga Buccek  
Kari Burd  
Linda Caillier  
Judith Caldwell  
Ariana Calzadillas  
Lindsay Calzadillas  
Audrey Clasemann

Caroline Dabe  
Susan Elsenpeter  
Jay Frazier  
David Gjerdrum  
Genan Gurung  
Nancy Higgins  
Kathleen Hoffman  
Terry Irish  
Molly Jansen  
David Leitzke  
Jeanette LeMere  
Irmeli Moran  
Colleen Oftedahl  
Joan Philips  
Charleen Prill  
Ronald Prill  
Karen Reece  
Eileen Sather  
Linda Springer  
Faith Tisell  
Phyllis Vacha  
Michael Wallace  
Christine Witzany  
Timothy Youngren

## Lyngblomsten Board of Directors 2020-2021

**Chair**  
Rev. Marty Ericson

**Vice Chair**  
Kim Donat

**Secretary**  
Rev. Joy Johnson

**Treasurer**  
David Christianson

**President & CEO**  
Jeff Heinecke

Debra George  
Pete Keely  
Gretchen LaBelle  
John Peck  
Peter Polga  
Elaine Prickel  
Mike Santoro  
Trupti Storlie

## Lyngblomsten Committees 2020–2021

### Executive Committee

David Christianson  
Kim Donat  
Rev. Marty Ericson  
Rev. Joy Johnson

### Finance Committee

David Christianson  
Peter Polga  
Mike Santoro  
Tom Spivey  
Jim Stender  
Scott Thorson

### Governance Committee

Jane Danielson  
Kim Donat  
Chuck Norton  
Sam Orbovich

### Investment Committee

Feryle Borgeson  
David Christianson  
John LeFevre  
Peter Polga  
Mike Santoro

### Foundation Strategic Advisory Committee

Debra George  
Jean Larson  
Julie Omland  
Peter Polga  
Todd Readinger  
Trupti Storlie

### 2nd Half with Lyngblomsten Strategic Advisory Committee

Rev. Marty Ericson  
Debra George  
Bobbie Guidry  
Sue Johnson  
Mike Lovett  
Tom Schultz  
Warren Wolfe

## Lyngblomsten Delegates from Member Congregations 2020–2021

### Amazing Grace Lutheran

Barb Malamen\*  
Joyce Reimers  
Rev. Tess Panamarow

### Augustana Lutheran

Karyn Mousel\*  
Christa Olsen  
Mary Ann Stender  
Ellen Thorson  
Rev. Mark Aune

### Bethlehem Lutheran in the Midway

Sue Masso  
Tom Masso\*  
Rev. Kirsten Fryer

### Centennial United Methodist

Doug Jordahl  
Wendy Magnuson  
Julia Nordling\*  
Rev. Brian Hacklander

### Christ on Capitol Hill

Judy Nass\*  
Geraldine Rogness  
Rev. Joy McDonald Coltvet

### Community of Grace Lutheran

Marlys Nelson  
Jill Olson

Tom Schultz  
Jackie Tierney\*  
Rev. Angie Way

### Como Park Lutheran

Shirley Dingman\*  
Paula Latz  
Lowell Lundy  
Elaine Ogren  
Janet Pankonin  
Rev. Marty Ericson

### Falcon Heights UCC

Tracy Faville  
Karen Meile  
Charleen Prill\*  
Rev. Rick King

### Gloria Dei Lutheran

Jane Danielson\*  
Kristin Hendrickson  
Carolyn Kienbaum  
Margy Sather–Peterson  
Rev. Bradley Schmeling

### Gustavus Adolphus Lutheran

Ken Bjork  
Bill Lund  
Marlys Siverson  
Craig Weflen  
Jill Youngren  
Rev. Amanda Simons\*

### Holy Childhood Catholic

Audrey Clasemann  
Fr. Timothy Cloutier\*

### Immanuel Lutheran

Gerry Erickson  
Gloria Skalbeck  
John Skalbeck  
Doug Wangensteen\*  
Rev. Cynthia Bullock

### Incarnation Lutheran

Mary Dejarlais  
Jan Ginn  
Julie Omland\*  
Dick Trapp

### Jehovah Lutheran

Gladys Frigstad  
Lydia Volz\*  
Rev. Joshua Miller

### Lakeview Lutheran

Rev. Rebecca Sullivan\*

### Lutheran Church of the Redeemer

Marie Failinger  
Mary Lou Knipe\*  
Rev. James Erlandson

### North Heights Lutheran

LeRae Mortensen  
Suzanne Zapolski  
Rev. Bob Burmeister\*

### Prince of Peace Lutheran (Roseville)

Kristina Krepela\*  
Rev. Ruth Sorenson–  
Prokosch

### Redeemer Lutheran

Myrna Carlson\*  
David Dahlin  
Ann Marie Gere  
Adelaide Petersen  
Jane Schroeder  
Rev. Candace Moser

### Roseville Lutheran

Jan Abell  
Kathy Pedersen  
Rev. Rolf Olson\*

### St. Andrew's Lutheran

Laurie Windisch\*  
Rev. Kyle Jackson

### St. Anthony Park Lutheran

David Brostrom\*  
Katherine Eklund  
David Hansen  
Jean Larson  
Solveig Storhoff  
Rev. Jill Rode

### St. Timothy Lutheran

Feryle Borgeson  
Doris Calhoun  
Len Eilts\*  
Nancy Koester  
Rev. Hans Jorgensen

### Salem Lutheran

Debbie Lee  
Art Lemke  
Louise Nesdahl  
Nancy Schmidt\*  
Rev. David Mesaros

\* Lead Delegate

# YOU can Make a Difference as a Volunteer!

There are many ways you can enrich the life of an older adult when serving as a Lyngblomsten volunteer. Two special opportunities with immediate needs are:

- Serving with The Gathering (our group respite program for persons experiencing memory loss)
- Driving residents and tenants on our NEW Lyngblomsten bus—of course, it's purple!

Interested or know someone who might be? Give us a call or send us an email, and let's discover together how you can make an impact!

**(651) 632-5499 | [volunteer@lyngblomsten.org](mailto:volunteer@lyngblomsten.org)**  
**[www.lyngblomsten.org/volunteer](http://www.lyngblomsten.org/volunteer)**



## THANK YOU TO OUR 2022 CORPORATE SPONSORS!

The generosity of our corporate sponsors helps the Lyngblomsten Foundation fund programs and services for older adults, especially 2nd Half with Lyngblomsten community programs, as well as arts and lifelong learning opportunities.

[www.lyngblomsten.org/sponsor](http://www.lyngblomsten.org/sponsor)

### Supporting

Custom Medical Solutions  
FastSigns Roseville  
Gallagher Benefit Services  
Northwest  
Respiratory Services  
PointClickCare  
St. Paul Linoleum  
& Carpet  
Sysco Foods  
Tito's Handmade  
Vodka

### Platinum



Allegra Eagan  
Bremer Bank  
ELCA Credit Union  
Grand Real Estate  
Advisors  
Hoagland Law

### Diamond



### Silver

Northland Securities  
Shanghai Henri's  
at the MN State Fair  
SourceGroup  
Wellington  
Management Inc.

### Bronze

Advanced Capital Group  
AssuredPartners  
of Minnesota  
CFS Interiors & Flooring  
Crystal D Creations  
Delta Dental of Minnesota  
HPC/Premier

### Gold





# Townhomes set to open this fall in Lino Lakes

By Sam Patet

Nine months after a construction fence went up along Hodgson Road and County Road J, work continues steadily on Lyngblomsten's continuum-of-care senior living campus in Lino Lakes. Already this summer, a number of project milestones have been reached, including for the group of rental townhomes that will form an integral part of the community.

Jeff Heinecke, Lyngblomsten President & CEO, has been visiting the site weekly during construction and is pleased with progress thus far.

"These townhomes are really going to be unique," Heinecke said. "They're going to be a perfect option for folks who don't want to mow the lawn anymore or shovel their sidewalk in the winter, but who still want to live in their own home without shared walls while being part of a vibrant community."

Dane Willenbring is Owner and President of Dane Allen Homes, the company that is overseeing townhome construction. Dane Allen has been building single-family homes in Lino Lakes for more than two decades, and so getting to work on this project with Lyngblomsten was a new way for them to serve a community that they know well.

"We've built this style of home quite a bit, but not in a senior living project before," he said. "We're pretty excited about it."

The Lyngblomsten at Lino Lakes community will feature 20 detached, single-story rental townhomes on the north end of campus, a short distance from the multilevel senior living building that will house an array of campus amenities and additional housing options. (Weis Builders of Minneapolis is construction manager for the main senior living building and grounds.) Each townhome will feature nearly 1,600 square feet of living space plus a two-car garage and high-quality finishes throughout.

While Willenbring is looking forward to residents enjoying life in their townhomes, he's just as pleased that they'll be connected to a larger campus community. "I would hope that their overall lives would just be enhanced with all the opportunities that are there for them to take part in," he said.

The townhomes are projected to be completed this fall. Contact Stacy Herink, Director of Resident Relations for Lyngblomsten at Lino Lakes, to see a virtual tour of the townhomes and envision what your life can be like as part of the Lyngblomsten community! Stacy can be reached at [sherink@lyngblomsten.org](mailto:sherink@lyngblomsten.org) or (651) 341-0483. **L**



# Construction in high gear at new campus

Things are looking quite a bit different at the corner of Hodgson Road and County Road J! Since fall, crews have been hard at work excavating and preparing the site, digging the basement, pouring concrete, framing walls, and doing much more as they build the Lyngblomsten at Lino Lakes campus.

## Construction Highlights (since November 2021):

- Excavated site for the multilevel senior living building
- Installed watermain, sanitary sewer, and storm sewer lines
- Poured the building's concrete footings and basement floor
- Installed steel wall layouts and began framing walls for the building (as of July, three stories were complete at the building's south end)
- Finished building road at the north end of campus, allowing construction to begin on the nearby detached rental townhomes
- Dug and prepared the basin for a retention pond



An aerial shot of the campus taken in early May after the site had been excavated and the footings and main level floor had been poured.



Much of June was spent framing and installing walls for the multilevel senior living building. By mid-July, work had begun on the roof parapet at the building's south end.



A view of the main building's basement after the concrete floor had been poured in late June. The basement will have underground parking spots for residents, along with a pet washing station, workshop, and production kitchen.



**View more construction photos online at [MyLinoLakesHome.com/news-and-announcements](https://www.mylinolakeshome.com/news-and-announcements). New photos typically posted once a week.**

# Events Calendar

## Saturday, August 20

### Blue Heron Days – Lino Lakes

Join Lyngblomsten for a day of fun with the City of Lino Lakes! Parade at 11 AM, followed by expo and other activities. Details at <https://linolakes.us/407/Blue-Heron-Days>.

## Thursday, September 15

### Lyngblomsten Heritage Society Picnic Luncheon

Those who have prepared a future gift for Lyngblomsten (e.g., in their will) will gather for lunch and a brief program.

12 Noon. Lyngblomsten Community Room (Como Park Campus). Invitations will be mailed.

## Thursday, October 13

### Lyngblomsten Foundation President's Dinner

Lyngblomsten President & CEO Jeff Heinecke hosts this donor recognition event for those giving \$1,000 or more in the past year.

5 PM Social Hour. 6 PM Dinner & Program Midland Hills Country Club. Invitations will be mailed.

## Online Info Session:

### Learn about Volunteering with The Gathering

Choose one of two dates:

Thursday, August 25 • 3–4 PM via Zoom

Thursday, October 6 • 3–4 PM via Zoom

The Gathering is expanding its volunteer pool, and we'd love for you to consider joining us in making a difference! As a volunteer, you'll spend four hours engaged in meaningful, fun activities with persons experiencing early- to mid-stage memory loss, providing their informal caregivers with a much-appreciated break.

Attend an online info session to:

- Learn more about The Gathering and what happens during a program session
- Learn what sorts of activities you'll be doing as a volunteer
- Have your questions answered

Both info sessions will be held via Zoom. No RSVP needed; just log in to the meeting! Visit [www.zoom.us](http://www.zoom.us), click on "Join" in the upper navigation, and then complete the Meeting ID and Passcode information (Meeting ID: 875 5121 3361; Passcode: 860640).

**Questions?** Contact Melanie Jagolino, Volunteer Coordinator, at (651) 632-5499 or [mjagolino@lyngblomsten.org](mailto:mjagolino@lyngblomsten.org).



We are a *community* woven together supporting the journey of aging well.

Please lend your support to the Lyngblomsten Foundation's fall appeal, "Woven Together," which is raising funds to support Lyngblomsten's mission of enhancing the quality of life for older adults.

Your gift will support greatest needs—especially programs and services for older adults in the community living with memory loss and their caregivers, as well as arts and lifelong learning for all those Lyngblomsten serves.

**Learn more and give a gift at [www.Lyngblomsten.org/WovenTogether](http://www.Lyngblomsten.org/WovenTogether)**

# Gifts to the Remembrance Fund In Memory or Honor of a Loved One

November 1, 2021, through May 31, 2022

## In Memory of

Ellen Agre  
Mona Anderson  
Elvera Baran  
Gordon Bayne  
Georgine Bellotti  
June Borowski  
Dennis Brostrom  
Darrell Chinander  
Lucille Conniff  
Curtis Dahl  
John T. "Doc" Dolan  
Phyllis Engebretson  
Maureen Fitzpatrick  
Owen & Vivian Foss  
Lenore M. Freeman  
Rita Hamburger  
Jerry Hanson  
Jane Hanten  
Alice and Bill Hydukovich  
Charlotte Ann Jansen  
Joan Jenkins  
Maythel Johnson  
Vernon Jones

Richard Kloos  
Don Lindberg  
Margery Martens  
Kevin McGowan  
May Mercil  
Robert W. Montgomery  
Jim Nash  
Carole Nesheim  
Delvert Oftedahl  
Gifford and Signe Ovre  
Carmen Pederson  
Melanie Piha  
Katie Purcell  
Geri Rutz  
James Sartain  
Don Stewart  
Elwood Sundeen  
Emily Sundeen  
Mathilde Thorp  
Don Tveita  
Susan Vallancourt  
Betty and Paul Weibel

## In Honor of

Josie Barnes  
Mary Blanchard  
Debra George  
Pam Glaub  
Alamtaj Parvizi

Gladys Ramsay's  
100<sup>th</sup> birthday  
Virginia Sweeney  
Weis Builders

For information about making a gift in honor or in memory of your loved one, please contact Tim Overweg at (651) 632-5319 or [toverweg@lyngblomsten.org](mailto:toverweg@lyngblomsten.org).



## OUR MISSION:

Influenced by Christ, Lyngblomsten provides a ministry of compassionate care and innovative services to older adults in order to preserve and enhance their quality of life.

## OUR GUIDING PRINCIPLES:

For our **participants**, Lyngblomsten promotes dignity through informed choices for living options, respecting individuality, and orchestrating the best life possible.

For our participants' **families**, Lyngblomsten supports their needs through careful listening, traveling alongside them as they walk the journey with their loved ones.

For our **employees**, Lyngblomsten strives to foster an environment that encourages compassionate caregiving, innovative thinking, problem-solving, and opportunity seeking.

Through our **community** of donors, volunteers, member congregations, and socially responsible corporations, Lyngblomsten encourages the individual to live one's personal ministry by enhancing the lives of older adults.

## OUR PROMISE

Lyngblomsten strives to provide unmatched person-centered experiences, valuing: who you are, where you are, and your rights to make choices and decisions.

## OUR PILLARS:

Influenced by Christ  
Innovation & Leadership  
Resources & Support  
Person-Centered &  
Dignity-Enhancing Experiences  
Engaged Lifestyle

[www.lyngblomsten.org](http://www.lyngblomsten.org)



## We've Got a Home for You!

### The Heritage at Lyngblomsten

Assisted living apartments in St. Paul.

Schedule a Tour:  
(651) 632-5428  
[heritage@lyngblomsten.org](mailto:heritage@lyngblomsten.org)



1415 Almond Avenue  
St. Paul, MN 55108  
[www.lyngblomsten.org](http://www.lyngblomsten.org)



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## CHANGE SERVICE REQUESTED

## This edition celebrates our **Difference Makers!**

More people are always needed to make a difference through Lyngblomsten.

Here are three ways **YOU** can make an impact for the older adults Lyngblomsten serves:

**1. Volunteer:** find an opportunity that fits your skills, desires, and schedule

**2. Donate:** annual giving opportunities, special fundraisers (like the Spring Gala), planned giving, and more

**3. Sponsor:** increase your organization's brand awareness by committing to an annual sponsorship

Visit [www.lyngblomsten.org/get-involved](http://www.lyngblomsten.org/get-involved) to start exploring how you can make a difference.

### Interested in volunteering?

**Contact:** Melanie Jagolino, Volunteer Coordinator  
(651) 632-5499 | [mjagolino@lyngblomsten.org](mailto:mjagolino@lyngblomsten.org)

### Interested in being a donor or sponsor?

**Contact:** Tim Overweg, Executive Director -  
Lyngblomsten Foundation  
(651) 632-5319 | [toverweg@lyngblomsten.org](mailto:toverweg@lyngblomsten.org)



## Lino Lakes: Here We Come!

### Lyngblomsten's campus in Lino Lakes will include:

- One-story detached rental townhomes
- Independent living apartments
- Assisted living apartments
- Memory care units

*Townhomes open fall 2022;  
apartments open summer 2023.*

### Amenities include:

- Wellness Center with Warm Water Pool and Fitness Studio
- Chapel/Multipurpose Room
- Restaurant, Pub, and Café
- Pickleball Court
- And more!

**Reservations being taken for townhomes and independent living!**

**Contact Stacy Herink at [sherink@lyngblomsten.org](mailto:sherink@lyngblomsten.org)  
or (651) 341-0483.**